



PAIN AND REHABILITATION SPECIALISTS OF ST. LOUIS



HELEN M.
BLAKE, MD

Board Certified Anesthesiologist
Board Certified Pain Management/Medicine
Certified, International Academy of
Independent Medical Evaluators

Fellowship Trained Interventional Pain Management Specialist

- Offering compassionate, patient-centered comprehensive pain management.
- Creates individual treatment plan incorporating the most up-to-date adjuvant medications and interventional techniques.
- Committed to patient education regarding the structural nature of their pain and achieving better resolution of pain symptoms.
- Special interest in the injured worker and the prevention of opioid dependence.
- Clinical interest in Palliative Care and the care of the oncology patient with advanced training at Memorial Sloan Kettering Cancer Center.
- Extensive training in spinal and joint injections, intrathecal pump therapy, radiofrequency rhizotomy, and spinal cord stimulation.

Fellowship Training

Tri-Institutional Interventional Pain Management
Weil Cornell Medical College
Memorial Sloan Kettering Cancer Center Hospital for Special
Surgery, New York Presbyterian Hospital

Residency

Anesthesiology, St. Louis University

Medical School

MD with Distinction in Research, Saint Louis University

Undergraduate Education

BS, Biomedical Engineering Washington University

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